

Assembly Concurrent Resolution No. 145

RESOLUTION CHAPTER 10

Assembly Concurrent Resolution No. 145—Relative to Nutrition Week 2002.

[Filed with Secretary of State March 6, 2002.]

LEGISLATIVE COUNSEL'S DIGEST

ACR 145, Matthews. Nutrition Week 2002.

This measure would proclaim the week of February 24 to March 2, 2002, as Nutrition Week 2002.

WHEREAS, Sound nutrition is an essential component of a healthy and productive lifestyle; and

WHEREAS, According to the Centers for Disease Control and Prevention, yearly spending by the state and federal governments per person for disease treatment is more than 1,000 times greater than the cost of adopting preventive measures promoting proper diet and exercise; and

WHEREAS, Nearly \$250 billion is spent each year on health care costs caused by diseases that are linked to diets high in fat and low in fruits and vegetables each year in the United States. The United States Department of Agriculture estimates that if Americans consumed healthier diets, at least \$71 billion per year in medical costs, lost productivity, and premature deaths could be prevented; and

WHEREAS, The prophylactic effect of a healthy diet in preventing disease is demonstrated by research suggesting that phytonutrients, which are natural substances found in plants, working together with other nutrients found in fruits, vegetables, and nuts, can help slow the aging process and reduce the risk of many diseases, including cancer, heart disease, stroke, high blood pressure, cataracts, and urinary tract infections; and

WHEREAS, Nutrition Week is an international program to enhance the understanding and collaboration among nutrition industry specialists and raise the profile of nutrition both within the health care community and among the general public; and

WHEREAS, The American College of Nutrition, the American Society for Clinical Nutrition, the American Society for Parenteral and Enteral Nutrition, and the North American Association for the Study of Obesity are convening this year's Nutrition Week Symposium from



February 23 to February 27, 2002, and have worked diligently to organize it; and

WHEREAS, At this symposium, known as Nutrition Week 2002, state-of-the-art clinical approaches and research findings will be presented, and a comprehensive and multidisciplinary range of topics will be discussed that include obesity and nutrition, parenteral and enteral nutrition, nutrition support, osteoporosis, neuropsychology, micronutrients and phytonutrients, phytoestrogens, nutraceuticals, alternative therapies, and chronic diseases, such as diabetes, heart disease, and cancer; now, therefore, be it

Resolved by the Assembly of the State of California, the Senate thereof concurring, That the Legislature proclaims the week of February 24 to March 2, 2002, to be Nutrition Week 2002; and be it further

Resolved, That the Chief Clerk of the Assembly transmit copies of this resolution to the author for appropriate distribution.

